



09/07 thru 11/16

86° - 88°  
(Ideal Temp)

# NORTH POOL SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

5 - 8am	<p><u>Adult Swim</u> 5 - 5:30 am</p> <p><b>Water Aerobics</b> 5:30 - 6:30 am</p> <p><u>Adult Swim</u> 6:30 - 8 am</p> <p><b>Water Aerobics</b> 8 - 9 am</p>	<p><u>Adult Swim</u> 5 - 8 am</p>	<p><u>Adult Swim</u> 5 - 5:30 am</p> <p><b>Water Aerobics</b> 5:30 - 6:30am</p> <p><u>Adult Swim</u> 6:30 - 8 am</p> <p><b>Water Aerobics</b> 8 - 9 am</p>	<p><u>Adult Swim</u> 5 - 8 am</p>	<p><u>Adult Swim</u> 5 - 5:30 am</p> <p><b>Water Aerobics</b> 5:30 - 6:30 am</p> <p><u>Adult Swim</u> 6:30 - 8 am</p> <p><b>Water Aerobics</b> 8 - 9 am</p>	<p><u>Adult Swim</u> 8 - 8:30 am</p>
8am - 12pm	<p><u>Adult Swim</u> 9 - 10:30 am</p> <p><b>Swim Lessons</b> 10:30-11am</p> <p><u>Adult Swim</u> 11 - 12:30 pm</p>	<p><b>Swim Lessons</b> 9 -11 am</p> <p><b>Water Arthritis</b> 11 - 12 pm</p> <p><u>Adult Swim</u> 12 - 12:30 pm</p>	<p><u>Adult Swim</u> 9 - 10:30 am</p> <p><b>Swim Lessons</b> 10:30-11am</p> <p><u>Adult Swim</u> 11 - 12:30 pm</p>	<p><b>Swim Lessons</b> 9 - 11 am</p> <p><b>Water Arthritis</b> 11 -12 pm</p> <p><u>Adult Swim</u> 12 - 12:30 pm</p>	<p><b>Family/Adult Swim</b> 9 - 11 am</p> <p><u>Adult Swim</u> 11 - 12:30 pm</p>	<p><b>Swim Lessons</b> 8:30 - 10:30 am</p> <p><b>Family Swim</b> 10:30 am - 12:30 pm</p>
12 - 4pm	<p><b>Water Yoga</b> 12:30 - 1:30 pm</p> <p><u>Adult Swim</u> 1:30 - 2 pm</p> <p><b>Water Aerobics</b> 2 - 3 pm</p>	<p><b>Water Arthritis</b> 12:30 - 1:15 pm</p> <p><u>Adult Swim</u> 1:15 - 3 pm</p>	<p><b>Water Yoga</b> 12:30 - 1:30 pm</p> <p><u>Adult Swim</u> 1:30 - 2 pm</p> <p><b>Water Aerobics</b> 2 - 3 pm</p>	<p><b>Water Arthritis</b> 12:30 - 1:15 pm</p> <p><u>Adult Swim</u> 1:15 - 3 pm</p>	<p><b>Water Yoga</b> 12:30 - 1:30 pm</p> <p><u>Adult Swim</u> 1:30 - 2 pm</p> <p><b>Water Aerobics</b> 2 - 3 pm</p>	<p><b>Adult Swim</b> 12:30 - 1:30 pm</p> <p><b>Family Swim</b> 1:30 - 3:30 pm</p>
4 - 8pm	<p><u>Family Swim</u> 3 - 7:30 pm</p> <p><u>Slide Open</u> 5:30 - 6:30 pm</p>	<p><b>Swim Lessons</b> 3 - 6 pm</p> <p><u>Family Swim</u> 6 - 7:30 pm</p>	<p><u>Family Swim</u> 3 - 7:30 pm</p> <p><u>Slide Open</u> 5:30 - 6:30 pm</p>	<p><b>Swim Lessons</b> 3 - 6 pm</p> <p><u>Family Swim</u> 6 - 7:30 pm</p>	<p><u>Family Swim</u> 3 - 7:30 pm</p> <p><u>Slide Open</u> 5:30 - 6:30 pm</p>	<p><u>Adult Swim/Rental</u> 3:30 - 4:30 pm</p>

= Family Swim

= Adult Swim

= Class

= Closed

Family Swim - Youth 13 yrs or under must have an adult (18+) in the pool with them at all times.  
Deep end may be available for adult swim during swim lessons - check with lifeguard on duty.



See other side for Temporary Family Locker Room Announcement





09/7 thru 11/16

80° - 81°  
(Ideal Temp)

# SOUTH POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Lanes (6) 5 - 8 am	Lap Lanes (6) 5 am - 8 am	Lap Lanes (6) 5 - 8 am	Lap Lanes (6) 5 am - 8 am	Lap Lanes (6) 5 - 8 am	Closed
Lap Lanes (3) 8 - 9 am	Lap Lanes (4) 8 - 9 am	Lap Lanes (3) 8 - 9 am	Lap Lanes (4) 8 - 9 am	Lap Lanes (3) 8 - 9 am	
Lap Lane (6) 9 - 10 am	Lap Lanes (6) 9 am - 3:15 pm	Lap Lane (6) 9 - 10 am	Lap Lanes (6) 9 am - 3:15 pm	Lap Lane (6) 9 - 10 am	Lap Lanes (6) 8 am - 11:30 am
Water Walking 3 lanes 10 - 11 am		Water Walking 3 lanes 10 - 11 am	Water Walking 3 lanes 10 - 11 am	Water Walking 3 lanes 10 - 11 am	
Lap Lanes (6) 11 am - 3:15 pm	Swim Team 3:30 - 5:30 pm Monday thru Friday			Lap Lanes (6) 11 am - 3:15 pm	SPECIAL OLYMPICS <small>Rental (no lanes) 9/7-10/26</small> 11:30 am - 1:30 pm
Lap Lane (1) 5:30-6:30pm	Lap Lane (1) 5:30-6:30pm	Lap Lane (1) 5:30-6:30pm	Lap Lane (1) 5:30-6:30pm	Lap Lane (1) 5:30-6:30pm	Lap Lanes (6) 1:30 pm - 4:30 pm
Lap Lane (3) 6:30-7:30pm	Lap Lane (2) 6:30-7:30pm	Lap Lane (3) 6:30-7:30pm	Lap Lane (2) 6:30-7:30pm	Lap Lane (3) 6:30-7:30pm	

= Class = Closed

( ) = number of lanes open  
Outside lanes = slow / walking  
25 yard pool  
36 laps = 1 mile

Aquatics Center  
HOT TUB - Ages 16+  
STEAM ROOM & SAUNA - Ages 18+

**FAMILY LOCKER ROOM**

The Family Locker Room is under construction it has been temporarily relocated to one side of the Women's Locker Room.

There are limited private changing rooms. No Showers.  
Rinsing showers only are available on the pool deck.  
Recommend arriving dressed and ready to swim.